



## Get in the Spirit

Every day should be recycling day. But, like Mother's Day does for Mom, America Recycles Day—November 15th—puts the idea front and center. The National Recycling Coalition organizes and helps communities arrange events all over the country. A few ways to get involved: poster-design contests, free document shredding and even a pumpkin composting smash. To see what's happening in your area, check out the National Recycling Coalition Website, [nrc-recycle.org](http://nrc-recycle.org), and click on Programs.

## kitchen garden

Next time you spot a shriveled carrot or overlooked piece of ginger root in the corner of your vegetable drawer, *Don't Throw It, Grow It!* Deborah Peterson's book (Storey Publishing, 2008) gives at-a-glance instructions for bringing vegetable and fruit pits, seeds and roots back to life on your windowsill. And no "green thumb" is required: Every featured plant (there are 68) can easily be grown in any kitchen.



## Did You Know?

Today's fridges consume less energy than a 60-watt lightbulb left on all day.



## ECO CHARITY

Teenager Avery Hairston (second from left), founder of RelightNY, and his friends at the Collegiate School in New York City, know that compact fluorescent lightbulbs cost a bit more but use less electricity and last longer than regular bulbs. They use donations from individuals and corporations to give energy-saving bulbs to residents of New York's low-income housing projects. So far, they've delivered 25,000 bulbs. To learn about some additional bright ideas on helping others see the light, visit [relightny.com](http://relightny.com). ■